

AHAVAS ACHIM NEWSLETTER

OCTOBER 29, 2021

SCHEDULE OF SERVICES

Friday

Candlelighting.....	5:38 p.m.
Mincha/Kabbalat Shabbat/Maariv	5:45 p.m.

Shabbat

Shacharit	7:30 & 9:00 a.m.
Inspiration from the Rambam.....	8:40 a.m.
Pre-Group babysitting.....	9:30 a.m.
Youth Groups	10:00 a.m.
Latest Shema.....	10:03 a.m.

Kiddush is sponsored by Eitan and Sara Pludwinski in honor of the birth of their son, Nadav.

Daf Yomi	4:45 p.m.
Mincha	5:35 p.m.
Learning Seudah Shlishit	5:55 p.m.
Maariv.....	6:42 p.m.
Motzei Shabbat	6:46 p.m.

חולות

Sunday Shacharit	8:00 & 9:00 a.m.
Monday & Thursday Shacharit	6:25 & 7:45 a.m.
Tuesday & Wednesday Shacharit	6:35 & 7:45 a.m.
Sunday-Thursday Mincha/Maariv	5:40 p.m.
Monday-Thursday Late Maariv	9:30 p.m.

ראש חודש כסלו

Friday Shacharit	6:15 & 7:45 a.m.
Friday Candlelighting.....	5:30 p.m.
Friday Mincha/Kabbalat Shabbat/Maariv	5:35 p.m.



ברוך הבא

Ahavas Achim would like to warmly welcome all newcomers, visitors and guests who are joining us for Shabbat. If President Josh Ostrin or Rabbi Steven Miodownik don't get a chance to greet you personally, please come up and introduce yourself. We'd like to meet you!

חיי שרה/مبرכים

SYNAGOGUE NEWS

מזל טוב

Mazel Tov to **Jane Stein** on celebrating her 90th birthday.

Mazel Tov to **George and Harriet Blank** on the marriage of their grandson, **Danny Blank to Tamar Segal**.

Mazel Tov to **Rabbi Jonah Sieger** upon celebrating his semicha from RIETS at the Chag Hasemicha this Sunday.

YOUNG COMMUNITY MINYAN AND KIDDUSH IS BACK SHABBAT, NOVEMBER 13!

Join us on **Shabbat day, November 13** at **9:30 a.m.** in the upstairs social hall for Shacharit led by your fellow young community members. Following services, be sure to stick around for a hot kiddush and some long-overdue socialization. We are currently seeking a sponsor for Kiddush. If interested, please reach out to **Rob Haarburger**.

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כ"ד חשוון תשפ"ב

LEARNING SEUDAH SHLISHIT

Join us every Shabbat afternoon between Mincha and Maariv for **Learning Seudah Shlishit**. There is a food buffet in the center of the Downstairs Social Hall and three choices of learning groups to join each week. You are welcome to sample them all over the next three months!

Yossi Benedek: *Learning from the Midrash on the Parsha (This week: Sarah Imenu's Legacy).*

Betzalel Posy: *Practical Implications of Shemittah '22*

Rabbi Jed Zaslow: *Siddur Sprinters: Exploring the Top Ten Tefillot We Speed Through*

alternating with

Rabbi Miodownik: *The Power of Music in the Jewish Experience*



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גיטל בת בריזל

שמעון דניאל בן מיכל

ישראל בן רבקה

אסתר בת לאה

ראובן סורה הלווי בן אסתר

בת-שבע בת מלכה

יוסף חוץ ישעיה בן לאה

חנה בת נחוה

שנה שולסון - רות

יוסי חיימן בן באשא

Simcha Zinberg

Please note: the cholim list has been refreshed and all names have been removed. If you would like to submit a name for the cholim list, please call the Shul office: 732-247-0532 or email: secretary@ahavasachim.org.

YOM YERUSHALAYIM & SHAVUOT IN JERUSALEM: AA MISSION MAY 25, 2022-JUNE 7, 2022

The Mission will include: round trip flight on El Al Israel Airlines, hotel in Jerusalem including Shabbat and Chag meals, three nights in Tel Aviv including three days of touring, a day of leisure on the coast in Tel Aviv, and three dinners in Tel Aviv restaurants.

STAY TUNED FOR MORE INFO! If you would like to be included on our email list for this trip, please email **Lisa Goldberg** at **lspg13@aol.com**.

AAU SHIURIM

TUESDAY

8:30 a.m. Men's Retirees Kollel Parsha Gems with Rabbi Moshe Goldberger

THURSDAY

8:30 a.m. Men's Retirees Kollel Gemara Masechet Chulin with Rabbi Miodownik

1:00 p.m. Women's Shiur: Ezra and Nechemia with Rabbi Miodownik

9:00 p.m. Parshat Hashavua with Rabbi Yissocher Frand on the TCN (*No charge; donations welcome!*)

SHABBAT/MOTZEI SHABBAT

8:40 a.m. Inspiration from the Rambam with Elisha Russ-Fishbane

50 minutes before Mincha: Daf Yomi with Judah Abraham

Navi with Rabbi Yisroel Reisman on the TCN (**9:00 p.m. this week; 8:30 p.m. November 6; No charge; donations welcome!**)

SEUDAH SHLISHIT VOLUNTEERS NEEDED

Weekly volunteers are needed to help set up for and clean up after **Learning Seudah Shlishit**. If you are available for set up and/or clean up, please contact **Susan Haber** at **susan_haber@verizon.net** or **732-448-1532**. Thanking you in advance for this help!

AHAVAS ACHIM UPDATED COVID POLICY

Fully vaccinated individuals are not required to wear masks in shul on Shabbat. Instead, there are mask-required sections in all Shabbat minyanim for those who would prefer that. Masks will be optional in all other areas.

Please adhere to the following COVID protocols:

1. Unvaccinated individuals, including children older than 2 years of age, must continue to mask.
 2. Individuals who have any condition or are on any medication that would interfere with their response to the vaccine, should continue to mask.
 3. Everyone should understand that while immunization is superb at preventing hospitalization and severe illness, it is much less effective in preventing mild or asymptomatic infection with the subsequent risk of transmission to others. Therefore it is prudent, even if fully vaccinated, to continue to mask in crowded, indoor settings, if one does not find it too difficult, in order to protect yourself and others.
 4. If you have any COVID-19 symptoms, including fever, chills, cough, or shortness of breath, you may not come to Ahavas Achim ("AA"), as long as the symptoms persist, whether vaccinated or not. When in doubt about symptoms, for the purpose of this policy assume that they are COVID-19. For similar symptoms that are unrelated to COVID-19, you may obtain a doctor's clearance to come to AA. For a more complete list of COVID-19 symptoms, please refer to <https://www.cdc.gov/>
- coronavirus/2019-ncov/symptoms-testing/symptoms.html.**
5. If you are notified that you tested positive for COVID-19, whether vaccinated or not, you may not come to AA. You may return to AA after 10 days have passed since your symptoms first appeared or have tested positive provided that you are fever free with other COVID-19 symptoms improving. You may return to AA after 7 days have passed with a negative PCR test on or after day 5.
 6. If you are unvaccinated and have been in close contact with anyone who tested positive or is suspected of having COVID-19, even if asymptomatic, you may not come to AA for 10 days after your last exposure. You may return to AA after 7 days have passed after your last exposure with a negative PCR test on or after day 5.
 7. Definitions: Close contact with an individual who tested positive or suspected of having COVID-19 is defined by these conditions: being within six feet of the individual for more than 15 minutes over a 24-hour period, with the contact occurring between two days prior to onset of symptoms or testing positive and 10 days following the patient's onset of symptoms or testing positive provided that the individual is fever free with other COVID-19 symptoms improving. A vaccinated person refers to a person that is more than two weeks post their final dose of a COVID-19 vaccine. An individual within 90 days of a positive COVID-19 test may follow the rules of someone that is vaccinated.
 8. Anyone that attends any AA Minyanim or events, agrees to inform the Rabbi or President immediately if they test positive for COVID-19. Should this happen, in accordance with the State's contact tracing guidelines, this information but not your identity will be shared with the other people who attended the same Minyan or event. By attending AA Minyanim or events, you are attesting that you are following our COVID-19 policy. The Gabbaim and Shul Officers will be enforcing our policy. If anyone violates any of its provisions, they will be required to leave.

YOUTH NEWS

ברוכים הבאים

We warmly welcome the TABC students that will be joining Teen Minyan this shabbat.

TEEN MINYAN KIDDUSH SPONSORSHIP

Teen Minyan Kiddush is sponsored by TABC in honor of their Highland Park students.

If you'd like to sponsor Teen Kiddush in the future, please email **Kivi Neuman** at: aayouth100@gmail.com.

HIGH SCHOOL GIRLS ONEG SHABBAT

All high school girls are invited to our first winter **Oneg** on **Friday night, November 12** from **7:30-9:15 p.m.** at the home of **Kivi and Chani Neuman, 409 Grant Avenue**. We will have hot food, games and Torah.

Save the date: **December 12** at the **Miodownik** home. More details to come!

SISTERHOOD NEWS

ACRYLIC POUR PAINT NIGHT

Please join the AA Sisterhood for **Acrylic Pour Paint Night** with **Stephanie Becker** on **Tuesday, November 16** at **8:00 p.m.** in the Downstairs Social Hall at Ahavas Achim. Cost: **\$25** (includes wine and refreshments). Limited to 20 participants. Please RSVP to the shul office: secretary@ahavasachim.org or **732-247-0532**. Community artist Stephanie Becker has always had an intense interest in painting. She is a professional portrait artist and pastellist. Stephanie loves to work with oil paint, and gives private art lessons.

BOOK CLUB

Since there are still concerns about COVID, we will continue to have our book club meetings on Zoom. The next book we will be reading is **The Extraordinary Life of Sam Hell** by Robert Dugani. The meeting will be held on **Wednesday, November 17** at **8:30 p.m.** The Zoom link will be sent out as we get closer to the date.

COMMUNITY NEWS

RACE, CLASS, AND AMERICAN MODERN ORTHODOX LIFE

The Orthodox Forum of Edison/Highland Park presents **Dr. Rivka Press Schwartz**, Associate Principal, General Studies, SAR High School, on **Motzei Shabbat, November 20** at **8:00 p.m.** at **Ahavas Achim** and viewable via Zoom.

American Modern Orthodox Jews haven't just avoided conversations about race and class—we've tended to deny that we have either, avoiding a very necessary heshbon hanefesh as to how those play out in our communal lives, and in broader American society. An honest conversation—about the economics of Modern Orthodoxy; about what's distinctive about us and what's a reflection of our race and class positions; about our schools and our neighborhoods—would be a good place to start. Zoom link: <https://tinyurl.com/pxszcvuw>.

The program is free of charge. The Orthodox Forum is a grassroots organization and relies on community donations to fund their programs. Donations of any amount are appreciated. Please consider becoming a season supporter for **\$200** or an announced event sponsor for **\$500**. Please send your tax deductible check, made out to **Congregation Ohr Torah Gemach Fund**, to: **Henry Lerner, 1 Cellar Road, Edison, NJ 08817**. Or you can email hpeditonorthodoxforum@gmail.com or visit: www.orthodoxjewishforum.org.

VIRTUAL LUNCH N LEARN

Saint Peter's University Hospital has teamed up with the East Brunswick Public Library for their next virtual Lunch N Learn program. **Autoimmune Diseases** will be presented on **Friday, November 5** at **12:00 p.m.** Marlene Marte Frument, MD, a third year Internal Medicine Resident at Saint Peter's, will present a lecture on examples of autoimmune diseases, along with the most common signs and symptoms, diagnostic tools, and treatment options. Registration is requested for this free event. Please register online at: www.ebpl.org/calendar or by calling **732-390-6767**.

LEFKOVITS FAMILY PARK MIKVAH

The Mikvah is *by appointment only*. All appointments should be made via **MikvahCloud.com** or via the

YAHRZEITS

10/30	Susan Dunietz	Father
	Barbara Weiss	Father
11/1	Barry Leskowitz	Father
	Debora Matzner	Husband
	Jane Stein	Twin Sister
	Marsha Wasserman	Mother
11/2	Dr. Richard Kleinmann	Mother
	Nathan Orgel	Mother
11/4	Evelyn Rosenberg	Father
11/5	Arthur Weiss	Father

Do You Have a Will?

Have you named who will

- make medical + financial decisions
- & take care of your child(ren)

if you can't?

YES

Have you reviewed your plan in the last 3-5 years?

NO

Prevent family conflict + pursue shalom bayis

Schedule an appointment to learn what you might need.



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MikvahCloud app. Please see **mikvahcloud** for mikvah hours. A face mask should be worn. Please email: hpmikvah@gmail.com with all comments and questions.

TOMCHEI SHABBOS OF MIDDLESEX COUNTY BENEFIT CONCERT FEATURING EITAN KATZ

Give the gift of Shabbos! Tomchei Shabbos of Middlesex County presents Eitan Katz live in concert on **Motzei Shabbos, December 25** at Rutgers Chabad, 170 College Ave, New Brunswick. Doors open at 7:30 p.m. Please visit: www.tomcheimc.org to purchase tickets. VIP: \$100 online; \$150 at the door. General admission: \$36 online; \$54 at the door. Email: tomcheime@gmail.com for more information.

ARE YOU MISSING OUT ON NEWS ABOUT HIGHLAND PARK?

Do changes in garbage pick-up schedules, promotions of Borough events, important decisions at Council meetings, and other local news not reach you regularly? If so, we suggest you do one, some, or all of the following four simple steps to address this situation:

1. Subscribe to the Borough's email notification system: <https://www.hpboro.com/i-want-to/sign-up-for-alerts>
2. 'Like' and follow the Borough's Facebook page, "Highland Park, NJ"
3. Regularly visit the Borough's website: <https://www.hpboro.com/home>
4. Visit the Borough's information kiosks, on North 2nd Ave. (by Raritan Ave), South 4th Ave. (by Raritan Ave), Woodbridge Ave (by the Bartle School), and in front of the Community Center on South 6th Ave.

The Borough wants to keep you informed and has designated these four media as sources for regular updates. Please help us to help you stay 'in the know!' Thank you!

JEWISH FEDERATION GRATITUDE PROJECT

The Women's Philanthropy of the Jewish Federation in the Heart of NJ is running a **Gratitude Project** collecting food and personal care donations from now until **November 15**. There is a box near the back door of **Ahavas Achim** to contribute to this project. Donations will benefit organizations across Monmouth and Middlesex Counties. For details and a list of items being collected, please visit: www.jewishhearthnj.org/gratitude.

EDISON/HIGHLAND PARK WOMEN'S ROSH CHODESH INAUGURAL EVENT

The Edison/Highland Park Women's Rosh Chodesh Inaugural Event will take place next Motzei Shabbat, November 6 at 8:00 p.m. in the Ohr Torah Social Hall. The evening will begin with Chizuk from **Jaclyn Sova** and will be followed by an icebreaker for women to meet one another and shmooze. This Rosh Chodesh Event is a monthly gathering, jointly sponsored by all shuls, by and for women in the community to unite, connect, learn and grow.

CHUG IVRIT

Chug Ivrit, sponsored by Raritan Valley Hadassah, for intermediate to advanced Hebrew speakers, will meet on **Sunday, November 14** at 11:00 a.m. in **Rachel Weintraub's backyard, 120 Highland Ave., Edison**. They read a Hebrew article or story and chat in Hebrew. They'd love to have you join them. To RSVP, contact Rachel at rachel@weintraubworld.net or 732-819-9298.

COLOR STREET ON ZOOM

How would you like to get a salon quality manicure from the comfort of your home and support Hadassah at the same time? Join **Raritan Valley Hadassah** on **Sunday, November 14** at 7:30 p.m. on Zoom for a fun and exciting night to try **Color Street** dry nail polish strips and win prizes! Proceeds for all purchases will be donated to the **Raritan Valley Chapter of Hadassah**. To attend this free event, please RSVP by **November 3** to: Raritanvalleyhadassah@gmail.com with your name, address email and phone number.

LIKE FATHER, LIKE DAUGHTER

Join **Raritan Valley Hadassah** for their 1st in person meeting since pre-Covid on **Wednesday, November 17** at 7:30 p.m. at **Ahavas Achim**. Bella Scharf Zelinger, designer and craftsperson, will share her father's dramatic life story and the unusual and beautiful woodcraft technique that he taught her. Show and sale of wood marquetry pieces. **25% of proceeds go to Hadassah**. View her catalogue at <http://http://www.bellamarquetry.com>. Be sure to bring a checkbook or cash to the event!



REBBITZEN EICHENSTEIN

For status of classes on October 31 and November 1, please email **Aviva** at siegelmom@gmail.com.

HIGH SCHOOL OPEN HOUSES

NAALEH HIGH SCHOOL FOR GIRLS OPEN HOUSE THIS SUNDAY

Naaleh High School for Girls invites all 8th grade girls and their parents to their **Open House this Sunday, October 31** at 1:00 p.m. at **10-10 Norma Ave Fair Lawn**. Come hear about how their students Aim Higher, Reach Higher, and Rise Higher. Please visit: www.naalehh highschoo l.org/admissions for information or to register. Or you can email Admissions Coordinator **Shana Leben** at sleben@naalehh highschoo l.org.

Naaleh High School will also hold a **Parlor Meeting** at the home of **Lisa and Barry Schanzer, 25 Perry Road, Edison**, on **Wednesday, November 17** at 7:30 p.m.

RKYHS OPEN HOUSE

Rae Kushner Yeshiva High School invites all 8th graders and their parents to join them at their **Open House next Motzei Shabbat, November 6** at 8:00 p.m. (7:45 p.m. registration). Experience **RKYHS** during an inspirational evening as they highlight the vast opportunities for students, demonstrate their values, and define their difference. Come see the dynamic and innovative academic and Judaic programs, first-rate educational initiatives and co-curricular opportunities. Please pre-register at www.rkyhs.org/RKYHSOpenHouse. Please contact **Allison Lyons** at alyons@rkyhs.org or 862-437-8050 for more information.

TABC OPEN HOUSE

Torah Academy of Bergen County invites prospective students and parents to experience TABC at its annual **Open House next Sunday, November 7** at 9:30 a.m. Register at tabc.org/openhouse.