

AHAVAS ACHIM NEWSLETTER

JULY 19, 2024

בלק

”ד תמוז תשפ”ד

SCHEDULE OF SERVICES

Friday

Candlelighting..... 8:05 p.m.
Mincha/Kabbalat Shabbat/Maariv.....
.....7:00 & 8:15 p.m.

שבת

Shacharit7:30 & 9:00 a.m.

Kiddush after 7:30 a.m. Minyan is sponsored by Jonathan and Merryll Abrahams in honor of Jonathan's Hebrew birthday, by Barry and Marcia Levinson in honor of Barry's Hebrew birthday, and by David and Margaret Simen in honor of David's Hebrew birthday.

Rambam Shiur.....8:40 a.m.
Latest Shema.....9:24 a.m.
Teen Minyan.....9:30 a.m.
Youth Groups..... 10:00 a.m.
Tot Shabbat..... 10:30 a.m.

Kiddush after 9:00 a.m. Minyan is sponsored by the Sisterhood.

Mincha..... 5:30 & 8:05 p.m.
Daf Yomi 7:15 p.m.
Seudah Shlishit..... 8:25 p.m.

Seudah Shlishit is sponsored by Doni and Jennifer Rosenzweig in commemoration of the 2nd yearzeit of Jennifer's mother, Rosalind Pineles z"l.

Maariv..... 9:09 p.m.
Motzei Shabbat 9:13 p.m.

פנח

Sunday Shacharit.....8:00 & 9:00 a.m.
Monday & Thursday Shacharit
.....6:25 & 7:45 a.m.

יום י"ז תמוז
Tuesday

Fast Begins4:35 a.m.
Shacharit6:15 & 7:45 a.m.
Mincha..... 8:00 p.m.
Maariv..... 8:30 p.m.
Fast Ends 9:02 p.m.

Wednesday & Friday Shacharit
.....6:35 & 7:45 a.m.

Sunday, Monday, Wednesday & Thursday Mincha/Maariv 8:10 p.m.
Monday, Wednesday & Thursday Late Maariv..... 9:30 p.m.
Friday Candlelighting..... 8:00 p.m.
Mincha/Kabbalat Shabbat/Maariv.....
..... 7:00 & 8:05 p.m.

North Side Minyan month of July
Elliot and Susan Frank
20 Harrison St, Edison

SYNAGOGUE NEWS

מזל טוב

Mazel Tov to **Dr. Marc and Ida Scheiner** on the birth of a grandson. Mazel Tov to the parents, **Eliana and Yonatan Sturm**, and to grandparents, **Mr. and Mrs. Moshe Sturm**. All are invited to the **Shalom Zachar**, which will be held at **9:30 p.m. this Friday** at the home of **Dr. and Mrs. Scheiner, 238 Harrison Ave.**

TESHUVAH OF THE MONTH CLUB

You are invited to an in-depth journey through significant Teshuvot on **Mondays at 8:30 p.m.** July's Teshuvah: **Rav Shlomo Zalman Auerbach on Modern-day Refrigerators and Shabbat**. This advanced class will be organized as follows:

- **July 22: Shiur #2:** Elisha Russ-Fishbane walks through the Teshuvah itself
- **July 29: Shiur #3:** Rabbi Miodownik presents related Teshuvot that are rooted in the same principles

AAU SHIURIM 5784

DAILY

9:15 p.m. Mishnah Yomit via Zoom: <https://us02web.zoom.us/j/86296212963?pwd=aEt1aVNERDZ4akpxekdZZEZ4b2N5dz09>

MONDAY


8:30 p.m. Teshuvah of the Month Club (*Will meet July 22, 29*)


TUESDAY

8:30 a.m. Retirees Kollel: Parsha Gems with Rabbi Moshe Goldberger (in person and via telephone: **605-313-5890** code: **399719#**)

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WEDNESDAY

9:00 a.m. Women's Shiur with Rabbi Miodownik: Sefer Tehillim

8:30 p.m. Wednesday Nights in the Beis

THURSDAY

8:30 a.m. Retirees Kollel: Gemara Chulin with Rabbi Miodownik

SHABBAT

8:40 a.m. Rambam Shiur with Elisha Russ -Fishbane

50 Minutes before Mincha: Daf Yomi with Judah Abraham

SHIVA ASAR B'TAMMUZ TUESDAY

The fast of **Shiva Asar B'Tammuz**, will take place **this Tuesday, July 23**. The fast commemorates the breaching of the walls of Jerusalem before the destruction of the Beit Hamikdash (among other tragedies). It begins at **4:35 a.m.** and ends at **9:02 p.m.** Shacharit with Selichot will be at **6:15** and **7:45 a.m.**, Mincha will be at **8:00 p.m.** and Maariv at **8:30 p.m.**



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רפואה שלמה

Please include the following חולים in your תפילות.

חיה גילה בת שרה הירשה

ברכה מירה בת דבורה

יצחק בן עליזה

אופר בן יפה

שמעון דניאל בן מיכל

שרה עיילת בת דינה רחל

עליזה בת מיכל

קלמן יצחק בן שרה בלומא

אסתר בת לאה

ראובן סורה הלוי בן אסתר

מינדל בת תמימה

מיכל רוזה בת חנה

מנוחה ליבא בת איטה לאה

אליעזר חנה בן שרה

דוד בן שרה

טעמא ליבא בת חיה פרומה

ברכה זלדה בת רחל גולדה

Debbie Israel - דבורה בת רחל

Lisa Katz - ליבה רחל בת חנה מטלה

Shlomo Klein -

שלמה יאיר חיים בן גיטל שרה

Barry Mael - דוב שלום בן עליזה

Shalom Moore - שלום בן שרה

Bracha Schechter - פרומה ברכה בת לאה

Yussie Weiss - יוסף חיים בן באשא

If you would like to submit a name for the חולים list, email:

secretary@ahavasachim.org or call the Shul office: 732-247-0532.

MISHNAH YOMIT

Log in on Zoom this week, **Monday, Wednesday & Thursday at 9:15 p.m.** and **Tuesday (Shiva Asar B'Tammuz) & Motzei Shabbat at 10:15 p.m.** At each 12-15 minute session, two Mishnayot are taught by a rotation of AA members. We are now studying Seder Nashim.

Zoom link:

• <https://us02web.zoom.us/j/86296212963?pwd=aEt1aVNERNRZ4akpxekdZZEZ4b2N5dz09>

• Meeting ID: 862 9621 2963

• Passcode: Mishnah

Call-in Numbers:

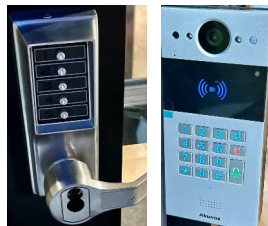
• +1-929-205-6099

• Meeting ID: 862 9621 2963

• Passcode: 8408127

NEW SECURITY FEATURES AT THE SHUL'S FRONT DOOR

Observant members of the shul (and really, shouldn't we all be?) will notice that there are now two (2) keypads at the front door of the shul.



The mechanical one, on the doors themselves, is the one for use by shul members to gain access to the shul at any time, weekday, Shabbat, or Chag. If you do not yet know the combination to this lock, please ask **Rabbi Miodownik**, Shul President **Eli Weiss**, **Harry Glazer**, **Gabi Grunstein**, **Kevin Leff** or **Hank Strub** and they will gladly share it with you.

The illuminated electronic keypad, located to the right of the doors, is intended for use only by visitors and delivery people to the shul. This keypad will allow the Rabbi and Shul Office Manager Rachel Weintraub to view and (if appropriate) to 'buzz in' (enable entry) to someone who is not a shul member or regular attendee.

Both of these added security features to the front door were made possible by the federal Office of Homeland Security grant overseen and administered by **Andrew Cohen**. Thank you, Andrew, for your efforts in making the shul safer and more secure.

KIDDUSH OPTIONS AT AA!

Do you have something to celebrate or commemorate? There are many different dairy and meat possibilities for your sponsored kiddush. In order to make a kiddush, contact **Rachel** in the office at secretary@ahavasachim.org or 732-247-0532, and she will secure a date for you. Please call **Elena Orgel** at 732-259-9078 to sponsor a Sisterhood/dairy kiddush or contact **Emily Menasha** at 732-236-1082 or aakiddush@gmail.com to sponsor a hot meat kiddush.

SEFER ZIKARON BOOKS AVAILABLE

Sefer Zikaron: Reflections on the Shoah books are still available! Every member family is eligible to receive one copy of the book at no cost. Additional copies are available to all for purchase for \$10 each. You can pick up your books at the shul office.



FREE WEBINAR

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**Tues, July 30th, 8pm or
Wed, July 31st 11am**

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WEDNESDAY NIGHTS IN THE BEIS

Make the AA Beit Midrash your address for Wednesday night learning. Come with your chavruta, or on your own to join our learning groups, and contribute to the sound of Torah study in our shul each **Wednesday night**, from **8:30-9:30 p.m.** Fantastic refreshments will be served in the Beit Midrash to fuel your learning, and an array of study options will be available. For sponsorship information, contact **Eli Weiss** at president@ahavasachim.org.

SISTERHOOD NEWS

BOOK CLUB

The book club is meeting on **Wednesday, September 4 at 8:00 p.m.** We are reading *The Curse of the Flores Women* by Angelica Lopes. We will meet at the home of **Elena Orgel, 19 Brookfall Rd., Edison**. There will also be a Zoom link, if you can't make it in person. We'd love to see you in person, but in case that's impossible, here's the Zoom info:

<https://us02web.zoom.us/j/84435150175?pwd=YlJLaGNJUldFaDMvdW00L3M1dk1Zz09>

Meeting ID: 844 3515 0175
Passcode: 401322

KIDDUSH REMINDER

Shabbat, July 20: *Bob and Maxine Pilavin, Joshua Loewenstein*

Shabbat, July 27: *Ari and Rachel Podhorcer, Marty and Katie Price, Michael and Karen Rabin*

Shabbat, August 3: *Betzalel and Shana Posy, Eitan and Sara Pludwinski, Ed and Abby Prince*

Shabbat, August 10: *Howie Sherman, Jeremy and Simi Lichtman, Ike and Reva Dresdner*

YOUTH NEWS

TEEN MINYAN KIDDUSH SPONSORSHIP

If you'd like to sponsor Teen Kiddush, email **Kivi** at: aayouth100@gmail.com.



COMMUNITY NEWS

PEACE OF MIND

Help IDF veterans process their combat trauma. Despite the image of the resilient Israeli soldier, IDF veterans can bear a myriad of psychological burdens ranging from difficulty sustaining relationships to sleep disturbances and depression. Peace of Mind is a therapeutic intervention in which IDF veterans receive time and space to work through traumatic events.

Peace of Mind works with groups of 15-20 IDF veterans who served together in a high-risk combat unit. For a week, they are hosted by a Jewish community where, led by two therapists, they process their combat experiences. Participants experience an increased sense of social support, improved daily functioning and emotional regulation, and a decrease in depressive symptoms.

The need is even greater now. Help bring a unit to Edison/Highland Park in 2024! Make a secure tax-deductible donation online at: tinyurl.com/donate2pom or make a check (with Edison/HP in the memo), payable to: **American Friends of Peace of Mind** and mail to: **1581 Route 27, Suite 201, Edison, NJ 08817**. For more information, contact **Natalie Aloyets Artel** at naloyets@yahoo.com or **732-535-0928**.

NISHEI OHAV EMETH SEUDAH SHLISHIT SHIUR THIS SHABBAT

The **Nishei Ohav Emeth** invites all community women to their second annual **Seudah Shlishit** monthly shiurim series exploring the topic of **Emunah and Bitachon**. Their second shiur will be held **this Shabbat, July 20 at 5:15 p.m.** at **Ohav Emeth**. The guest speaker is **Amy Tropp**.

JFS HOSTS MONTHLY WOMEN'S SUPPORT GROUP

Coordinated by the **JFS Women's Center**, the **Women's Support Group** provides a safe and welcoming space for displaced homemakers seeking community and balance during major life changes. Meetings are held on the first Monday of each month from **11:00 a.m.-12:00 p.m.** at **JFS' North Brunswick office**, 219C Blackhorse Lane. The next session will be on **Monday, August 5**. Each session is thoughtfully crafted to nurture and empower participants as they redefine themselves. For more information or to join the group, call: **732-777-1940** or email: womenscenter@jfsmiddlesex.org.

YAHRZEITS

7/21	Mark Busch	Mother
7/22	Martin Price	Father
7/23	Helen Rovner	Mother
7/24	David Grunspan	Father
	Moussa Menasha	Mother
	Kivi Neuman	Father
	Martin Price	Mother
	Brondy Strassman	Father
7/25	Zalmi Berger	Mother
	Herbert Klaver	Brother
	Helen Rovner	Father

VOLUNTEERS NEEDED: KOSHER MEALS ON WHEELS

Jewish Family Services is seeking volunteers to deliver meals to homebound seniors in Middlesex County for their **Kosher Meals On Wheels program**. Routes are available in **East Brunswick** or **Edison/Metuchen**.

You must be over age 21, have a reliable vehicle and available to commit to weekly deliveries (once per week). Your support will make a significant difference in the lives of seniors. To sign up to volunteer, email: office@jfsmiddlesex.org or call **732-777-1940**.

BREAST CANCER SUPPORT AND RESOURCES COMING SOON

The **Bikur Cholim of Raritan Valley** is partnering with **Sharsheret** to provide local support and resources including peer support, a gemach for surgical needs, kosher meal delivery and more. They are looking for volunteers! Come learn more at their upcoming training session on **Tuesday, July 30 at Ohav Emeth at 8:00 p.m.** Please register at: <https://docs.google.com/.../1FAIpQLSftisrIBLo..../viewform>

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LECTURE AT RIVER RIDGE

Rachel Kohl Finegold will present a lecture on **Shabbat, July 27 at 5:00 p.m.** in the **River Ridge Terrace** community room, 30 South Adelaide Avenue. Her topic is **The Journey from Tisha B'Av to Sukkot**. Women and men are invited. For more information, please contact **Chaye Kohl** at chayekohl@aol.com.

RPRY PLUS VISITS VON THUN'S FALL FESTIVAL

RPRY PLUS invites you to join the fun at **Von Thun's fall festival**. Choose one of three **Sundays: September 15, 22 or 29!** Tickets cost **\$18** per person (that's less than retail and children under 3 do not need a ticket). The deadline to order is **August 11** using the link: <https://tinyurl.com/VTfall-Festival>.

BIKUR CHOLIM SENIOR HOMEBOUND VISITATION

They are looking for more volunteers and more seniors to visit. Please call **Cindy Baruch** at **908-309-8818** to become a part of this wonderful mitzvah and to volunteer.

HELP AVAILABE FOR SINGLE PARENTS

Are you a single mom or dad? Did you know there are first responders for single parents in town? **It Takes a Village of Edison/Highland Park** is here to help. They offer the following services: babysitting, tutoring and homework, dinners, transportation, errands, financial guidance, handyman/plumbing, heavy shlepping, furniture assembly, referrals, etc. To request help, please contact **Rivka Jaffe** at **732-762-0490**, **Julia Jamen** at **917-847-0171**, **Rikki Samel** at **732-742-4559** or **Rivka Teresh** at **347-598-9448**.

VOLUNTEERS NEEDED

It Takes a Village of Edison/Highland Park is looking for volunteers to join a dedicated network of over 70 local members! They provide support and assistance to single moms and dads with everyday tasks such as babysitting, financial guidance, errands and more. Join them and offer your skills in support of a single parent in our community! They are particularly interested in adding handymen, plumbers, and other home maintenance professionals to the volunteer roster. To offer services, please contact **Rivka Jaffe** at **732-762-0490**, **Julia Jamen** at **917-847-0171**, **Rikki Samel** at **732-742-4559** or **Rivka Teresh** at **347-598-9448**.

GROW WITH ACTT

Achieving Change Through Torah (ACTT) has resources for 17 different topics on its website, www.actt613.org, including "**Hashgachah Pratis—Divine Providence**," which could help with effectively handling and growing from some of the challenges that we face in our lives.

WANT TO BE A MINYANNAIRE?

The **NJ Chesed and Parnossa Network** (formerly The ROC of NJ) is coordinating a community-wide effort to help provide Minyanim at Shiva homes. We have seen a few instances where there have not been Minyanim at Shiva homes for Shacharit and Mincha/Maariv. Therefore, we have created the **Shiva Minyannaire Initiative WhatsApp Group**. Please email: jp@therocnj.org and they will send you a link to join the whatsapp group.

DENISE HAMETZ DOLLAR-A-DAY OF RARITAN VALLEY

Just as we pray every day, giving tzedakah should also be done as part our daily Mitzvot. **Denise Hametz Dollar-a-Day of Raritan Valley** makes the mitzvah easy and attainable. The funds donated to DaDRV are currently being distributed by DaDRV to twenty-three organizations in the Highland Park/Edison/East Brunswick community, including Jewish Family Services, Bikur Cholim, Hatzalah, Tomchei Shabbos, Rabbis' discretionary funds, Yeshivot, Community Day Schools, the Kollel, Mikvaot, Chabad and Rutgers Hillel. Join in this great mitzvah at www.dadrv.org. For more information, email: admin@dadrv.com.

TOMCHEI SHABBOS

Tomchei Shabbos needs your help! In recent weeks, there has been a significant increase in the number of families seeking assistance from Tomchei Shabbos. They need your help to ensure that Tomchei Shabbos can continue to provide the vital support that these families in our community depend on. Please visit: <http://www.tomcheimc.org> to donate.

SHNAINU SHIDDUCH GROUP

Shnainu Shidduch Group of Edison & Highland Park is a volunteer Shidduch group that works to assist Orthodox Jewish singles, of all ages and hashkafot. They would like to get to know you. Please reach out to them via email so they can set up an appointment. For more information or to submit your profile, email: shidduchedisonhp@gmail.com.

CHAVERIM

Chaverim of Middlesex County is a volunteer nonprofit organization committed to helping community members in their time of need. Members respond to all non-medical emergencies including automotive help (e.g., flat tire, dead battery, locked car) and house emergencies. Their phone number is **732-844-3577**.

Rabbi

Steven Miodownik

Rabbi Emeritus

Ronald L. Schwarzberg

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Isadore Sapiro, z"l
Albert Sapiro, z"l
Nathan Segal, z"l

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